



MIDSUN MESSENGER FOR THE WEEK OF April 9

Schedule this week: Day 5, 6, 1, 2, *2

Upcoming important dates:

April 9-13 – SPIRIT WEEK

9 – Pay \$1 to wear a Hat. Scavenger Hunt in the Gym

10 – Hawaiian Day. \$3 buys an opportunity to throw a pie in a teachers face at lunch.

11 – Retro Day-25 cent Freezies & Dodgeball at lunch

12 – Western Wear. Wild West Shoot Out at lunch

13 – Jersey Day & Staff vs. Student Hockey Game ,1:30pm
at Cardel Rec South \$3 a ticket

April 9 – SEAS Student Meeting 4:00pm

April 10 – Envoy 9 Climbing Trip

April 11 – SEAS Trip #2 Mandatory Parents Meeting 7:00pm

April 13 – Healthy Hunger Order Deadline (OPA)

Band Rehearsals

Monday- Jr. Jazz

Tuesday- Grade 9

Wednesday- Grade 8

Thursday- Sr. Jazz

Badminton Practice

Grade 8 – 7:30am Tuesday (BOYS ONLY), 4:00pm Thursday & 7:30am Friday

Grade 7 – 7:45am Monday, 4:00pm Tuesday & 7:45am Wednesday

Grade 9 – 4:00pm Monday (BOYS ONLY), 4:00pm Wednesday & 7:45am

Thursday

Wellness Day

We are very pleased to announce that MidSun will be hosting a "Wellness Day" on Friday May 25th of this year. The theme for the day will be "Courage to be ME". We are looking for guest speakers to talk to two different groups of students for 2 separate 45 minute time periods. The sessions will run in the morning with a break in between. The topics of conversation could include anything to do with Wellness. Some examples of topics could include: sharing a career choice, stress management techniques such as: yoga, meditation, exercise, or the sharing of a hobby such as: music, art, cooking, etc. The organizing committee will keep the group sizes small and there would always be a teacher supervisor present during the session. If you have an interest in sharing your knowledge and expertise and are willing to volunteer your time with our students please contact Tammy Davey at tjdavey@cbe.ab.ca via email.

Clubs

Skateboard Club– Monday & Thursday 4:00pm – 4:30pm

Art Club – Rm 39 Tuesday 4:00 – 5:00pm

Culinary Club – Sign up Required (See Mrs. Slaughter Immediately) Rm 3
Monday April 16 4:00-5:45pm Pizza or Mini Calzone

Games Club – Learning Commons Monday-Thursday 12:45-1:10pm

Homework Hotel – Learning Commons Tuesdays & Thursdays 4:00-4:30pm

Peer Tutoring – Learning Commons Wednesday 4:00-5:00pm

Fitness/Obstacle Course Race (OCR) Club – Fitness Room Monday &
Wednesday 4:00-4:45pm

Media Yearbook Technology (MYT) – Learning Commons Tuesday 4:00-
4:30pm