



CENTRAL MEMORIAL HIGH SCHOOL SUMMER NEWSLETTER August 2018

From the Principal

Hello and WELCOME to Central Memorial High School! We have an exciting new year ahead of us and on behalf of the entire staff we look forward to opening day, September 4, 2018.

On September 4 we will be welcoming our Grade 10 students **ONLY with an Assembly beginning at 9:00 am.**

On September 5, 2018 we welcome our Grade 11 and 12 students with an Assembly beginning at 9:00 am and **classes for Grades 11, 12 and Grade 10 will begin at 10:00 am.**

As we look forward to the new school year, please note that we are doing our very best to meet all of our students' academic needs and choices. The school office will reopen on August 27. Administration and Guidance will also be back to work with students August 27. Please do not hesitate to call us if we can be of assistance in ensuring 2018-2019 is a success!

My advice for all students going into the new school year is to take advantage of all that Central Memorial has to offer. We are a population teeming with diversity and promise. There is truly something for everyone at CMHS. As always, our staff is here to support your learning needs and assist in any way necessary. Try something and get involved. You can't lose! Whatever you do, be sure to get caught up in the RAM spirit!

In order to quickly communicate with our school community and to build school spirit we have engaged the use of social media. Please follow us on twitter @cmhsrams or like us on Facebook. Exam dates, schedule changes, and reminders go out on these sites.

I would like to extend my best wishes to all Central and CTC students for a successful and healthy school year.
GO RAMS GO!

Gord Baldwin, Principal



IMPORTANT SCHOOL START UP DATES

Tuesday, September 4

First day for

Grade 10 students only: 9:00-10:00 am Assembly
10:00-11:30 am Homeroom
11:30-12:30 pm Welcome BBQ
12:30- 2:30 pm Classes

Wednesday, September 5

Grade 11 & 12 students 9:00-10:00 Assembly and Homeroom:
Grade 11 Assembly at 9:00
Homeroom at 9:30
Grade 12 Homeroom at 9:00
Assembly at 9:30
First day of classes for Gr 11 and Gr 12
Photo and ID pictures throughout the day

Grade 10, 11, 12 students Classes begin for all Grades at 10:00 am

Homeroom class numbers will be posted on the front windows of the main office

TASC/CSSI (special education) classes begin on September 4 at 9:00 am

Thursday, September 20

7:00 pm New Student Orientation Night and Open House: An evening of information and helpful strategies to help you with success in high school. Parents and guardians of grade 10 students and those in all grades new to Central are welcome to attend.

8:00 pm PVA AGM

Parents are reminded that fees must be paid before text books will be issued to students. Please contact the Business Office at 403-243-8880 (2308) if alternate payment arrangements need to be made. Fee payments can be made in person by cheque, cash, debit or credit card; payments can also be made online; if you pay online please make and keep a copy of the receipt. Receipts will also be required the first week of September as proof of payment in order to issue text books. There is a \$35 charge for NSF cheques, to defray bank charges and school costs. Any post-dated cheques cannot be dated later than December 1, 2018.

ID cards will be issued on the first day of school. Students are required to carry their ID card with them at all times while in the building. The ID card is our way of ensuring the safety and security of our students and staff. ID is also required to access the learning commons and to sign out books. Should a student lose or forget their ID they are required to purchase a new one; the cost is \$2:50.

ATTENDANCE

In the event that students are away please call our attendance line to excuse absences at 403-243-8880 – press 1, and for the CTC 403-243-4500 – press 1.

CENTRAL MEMORIAL CALENDAR 2018-2019

For all school events please refer to the Central Memorial calendar located on the school website <http://schools.cbe.ab.ca/b823>

TELEPHONES

With over 1200 people in the building each day, Central Memorial is a busy place. Perhaps the busiest place of all is the switchboard so please be aware that **only urgent messages will be relayed to students**. The hours of the school switchboard are: Monday to Thursday from 8:00 am to 4:00 pm and Friday from 8:00 am to 2:45 pm unless otherwise specified.

TRANSPORTATION

Transportation information can be accessed on the CBE's website: <http://www.cbe.ab.ca/schools/busing-and-transportation/Pages/default.aspx>

STUDENT PARKING PASSES

There will be a limited number of student parking passes available for the 2018-2019 school year. Passes will be sold online on a first come – first served basis; only students who have paid all their school fees will be eligible to purchase parking passes. The following information must be provided in order to purchase a student parking pass online:

1. First and last name.
2. Make and model of car and license number of primary vehicle.
3. Make and model of vehicle and license number of an alternate vehicle (optional).
4. Acceptance of and compliance with all student parking rules and regulations.
5. Payment of \$40.

The online Student Parking form will be active on Tuesday, September 4 at 9 am and will remain active until all the passes have been sold. Passes may be picked up from the Business Office on Tuesday, September 4. Please bring your receipt, insurance, registration and driver's licence to the Business Office when picking up your pass. Should student parking spots become available in the future a notice with instructions will appear on the school website.

To access the online Student Parking form please visit: <https://centralmemorial.inviteright.com/2018>

WAIVER FORMS

Should you require a waiver of school fees, application forms are available in our Business Office and also on the CBE website: <http://www.cbe.ab.ca/registration/fees-and-waivers/Pages/default.aspx>

SCHOOL COUNCIL

We welcome all parents/guardians to participate in the CMHS School Council. The first Parent Council meeting of the 2018-2019 year will be held on Monday, September 10 at 6:30 pm in the Central Memorial Staff Room.

VOLLEYBALL

Tryouts for volleyball begin on September 5. Please check for times and location on your first day of school. Bring your gear. All students are invited to try out. If you have any questions please see Mr. Watters in Room 141.

Volleyball Tryouts: Sr. Teams – Sept.5/2018 after school
Jr. Teams – Sept.6//2018 after school

ATTENTION FEMALE SOCCER PLAYERS

Central Memorial Girls Soccer is in need of student/athletes for the coming season. If you are interested, please see Mr. Christopher in room 113 ASAP. Tryouts will begin on September 6 at 3:30 pm Go Rams!

JUNIOR FOOTBALL

Anyone interested in playing Jr. Football must pick up equipment at the school between 10:00 am and 12:00 pm, Thursday, August 31 or Friday, September 1. Students who may be arriving from summer vacation at a later date are encouraged to pick up equipment on the first day of return. Please bring a cheque for \$150.00 (as a deposit only) to pick up your equipment. This cheque will not be cashed as long as the equipment is returned at the end of the season. No equipment will be handed out without a deposit cheque. Students will be provided an athletic tryout waiver which must be signed and completed before participation. Tryouts will begin Tuesday, September 5 at 3:30 pm. All students are encouraged to participate, regardless of previous experience or ability level. If you have any questions, you can contact Coach McDade emmcdade@cbe.ab.ca.

SENIOR FOOTBALL

Sr. Football practices/tryouts begin September 1 at 2:00 pm. Equipment handout will begin August 31 at noon in room 169. Students will not be able to obtain equipment during practice times. All Grade 11 and 12 students interested in playing football for the Central Memorial Rams are encouraged to attend. No experience is necessary. Please bring a \$150.00 equipment deposit cheque in order to obtain your equipment. This cheque will not be cashed as long as the equipment is returned at the end of the season. Any questions please contact Coach McDade at emmcdade@cbe.ab.ca

CROSS COUNTRY Running Team

Anyone interested in participating in Cross Country Running please see Mr. Grajauskas in room 172 or Mr. Krabbe in room 232. No experience necessary, all levels welcomed. Training will begin on **September 5** after school. Please meet in the auxiliary gym. This is a great way to start the school year.

STUDENT LEADERSHIP

Student Leadership is a fantastic way of connecting with the school, creating fun and meaningful events throughout the school year, and contributing to the communities outside of the school (locally, nationally and internationally). Some of our big events for the school year are: Rams Collective (an artisan market that supports student artists as well as a local cause), Battle of the Rams (supporting student musicians), and various student and staff led initiatives. We are planning a meeting at 1:00 pm in Room 127 on Thursday, August 30.

We welcome new members and are excited to see our returning students!!!

MODEL UNITED NATIONS

High School Model United Nations is a club that provides students with an opportunity to participate in UN simulations with other high school students from across the province.

Students debate global issues from the perspective of their assigned nation and attempt to draft and pass resolutions that support their countries' national self-interest as well as insuring international peace and security. Over the course of the year we will be participating in a minimum of two different simulations.

The first simulation will be held in October at Sir Winston Churchill high school followed by one in February that is put on by the University of Calgary. Other simulations may also be added to the calendar over the course of the year based on offerings and student interest. Through their participation in this club students have a great time and make new friends, all while gaining an understanding of the complexities of foreign policy. Students can select from a variety of subjects that will challenge their understanding of current global issues. Topics range from human rights, to international peace and security, and global health issues plus many others. Through the simulations, students gain skills in research, negotiation, formal writing, and public speaking. They participate in formal and informal debate, write resolutions, and conduct diplomatic negotiation, and most importantly, cooperation and communication. If this looks like something that may interest your student please have them come and find Ms. Michael in room 131 or Ms. Cameron in room 128 in September.

GSA

Central Memorial students began a Gay Straight Alliance (GSA) in June of 2010. Over the past few years, we have coordinated events such as a the Alberta Provincial GSA Network Conference, Day of Silence, Anti-Bullying Week, Transgender Day of Remembrance, and have raised funds in support of Alpha House Calgary.

We would like to invite any students who are interested in becoming part of the Gay Straight Alliance to join us. The goals of our group are to celebrate diversity, to discuss and advocate for human rights, organize awareness campaigns, and to provide a safe place in our school. Our meetings start in September – check the Daily Bulletin and come and say hi on Club Rush Day for more information on our official start date!

YOUR COUNSELLOR AND YOU

Students and parents are encouraged to consult with counsellors to help coordinate the students' efforts as they plan for learning, career journeys, and transition into life beyond high school.

Help is available. Should you require assistance from your counsellor, visit the Student Services office and make an appointment with the Student Services secretary, Ms. Shawna Day.

If parents or guardians would like to speak to their student's counsellor, please email the individual counsellor or phone the Student Services Secretary at 403-243-8880 extension 2320 to book an appointment.

Counsellors

Sumames beginning with:

A – H – Ms. Pam Banack	e: pmbanack@cbe.ab.ca
I – P – Ms. Tamara McEachern	e: tmceachern@cbe.ab.ca
Q – Z – Ms. Ronda Knowles	e: rknowles@cbe.ab.ca
ELL /NSA /Royals liaison	

Some of the services provided include:

- Student counselling and advocacy related to educational planning, career, financial assistance and post-secondary education.
- Review of students' educational plans and post-secondary aspirations.
- Confidential help for students regarding personal, family or school problems.
- Referrals to appropriate resources, e.g. family doctor, family and community services, hospitals, social service agencies, support groups.
- Assistance with career searches.
- *All in* for youth Success Coach.
- Assistance connecting with community supports such as John Howard Society, the *Alex* Bus, Youth Champions, and the *All in* for Youth program.
- Post-secondary career event activities, information on various post-secondary Institutions, entrance requirements and scholarships.
- Presentations to classes, school staff, parents and junior high schools.

Scholarships

Watch for scholarship tips in the next newsletter. Ms. Ronda Knowles is the Scholarship Coordinator for Central Memorial. Scholarship bulletins will be produced and published through the Student Services Office. Meetings will be held throughout the academic school year. Look for those dates on the website and through the daily announcements.

Important Dates

- ✓ **International / ELL Registration/orientation** – August 30 9am -3pm
- ✓ **First Day of School for all Grade 10 / International / ELL BBQ / First Day of School** - September 4
- ✓ **ELL Testing** – September 25
- ✓ **Grade 12 Scholarship meeting** – September 19 (lunch time in theatre)
- ✓ **New Student Orientation** – September 20 (7:00 pm in theatre)
- ✓ **Post-secondary Meeting** – September 25 (lunch time in theatre)
- ✓ **Diploma Accommodation meeting** – October 3 at lunch
- ✓ **Alberta Post-secondary Fair (In-Province)** – October 5 (1:00 – 3:00 pm Cafeteria)
- ✓ **Grade 10 Counsellor classroom visits** – October 9 – 11 to support high school transition and inform students of available resources
- ✓ **BC Post-secondary Fair** – November 20 (9-10:30 am)

Course Changes

Timetables will be distributed in homeroom on the first day of school.

Please note: Timetable changes will be accommodated for academic programming and data entry errors only. The last day for a course change is September 7, 2018. Students who have "see Counsellor" only on their timetable will have access to counsellors on September 4 (Gr 10) and September 5 (Gr 11 and 12). On September 6 and 7, students potentially needing change will be seen.

Career Centre

The Career Centre is located within the HUB and will provide students with resources needed to explore careers and personal interests beyond high school. There will be various opportunities to connect with professionals in a multitude of industries via "career talks", vocational guidance by our staff, and "hands on" experience with interest inventories, interview skills, resume and cover letter workshops, and post-secondary exploration. This will assist students to connect their current studies with academic programming and life skills beyond the classroom.

FRENCH AND SPANISH

Challenge Exams

If you feel confident with your French/Spanish fluency, you can challenge either class. The challenge exams for French and Spanish are usually held twice a year, December and May. Anyone interested in challenging Spanish has to meet with Ms. Engel prior to the exam date for an assessment. You may reach Ms. Engel by visiting her in her classroom, room 109 or email at: acengel@cbe.ab.ca

The International Certificate

The International Certificate is a way of recognizing and valuing the significant contributions, work, and experiences of an international nature that students have accomplished throughout their CBE journey. This certificate is awarded to all CBE Grade 12 students who have created a portfolio throughout their high school career. The portfolio consists of artifacts and reflections of their international journey either in Canada or abroad. Students interested in receiving the International Certificate are invited to come and meet with Ms. Engel in Room 109 or e-mail at: acengel@cbe.ab.ca. Anyone interested is welcome.

Alberta/Spain/Mexico/Germany/Japan/Macau Student Exchange Programs

Alberta participants are partnered with students from these countries. They host their partners in their home and school and then travel to live and attend school with their partners. The Macau program provides Alberta high school credits for one semester at the International School of Macau. Students normally apply during their Grade 10 year to participate in the exchange program during their Grade 11 year.

International Student Orientation

On August 30, 2018 from 9:00 am - 3:00 pm in the school theatre. Homestay guardians are invited to attend from 9:00 – 10:00 am for the orientation introduction.