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## WITH EVERY RIGHT COMES RESPONSIBILITY

Regardless of where you've come from, where you are going, who you were and who you are, you are now a part of a long standing and prestigious community. You are now a member of Central Memorial High School.

Every member of our learning community is part of CORE: the "Central" or most important part of something - that is you—the most important part of Central!

Every one of us is important. Every one of

us is valued. Every one of us is unique. Every one of us belongs. And although every one of us may differ in some way, together we are Central!

As members of this community we each have a set of rights, things we can count on and that we are entitled to, and with these rights comes responsibility as well. Each of us has a responsibility to ensure that our actions and behaviors impact our community positively,

are value added and enrich the overall experience of being part of CMHS for everyone. Conversely we each need to ensure that we are not negatively impacting our community or ourselves. Students are no exception to this. Students have rights and with these they hold responsibility as well.

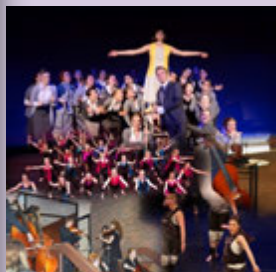
This handbook is intended to support all members of our learning community to be successful.

*We believe passion is found through action and engagement.*

*We find our passion when we take risks, get involved and take advantage of opportunities afforded to us.*



"LET THERE BE LIGHT"



**Central Memorial High School is home to "The Centre for Performing and Visual Arts"**



## STUDENT SERVICES

CMHS proudly boasts three of the most qualified and experienced guidance counselors in the CBE. Students can book appointments with their guidance counselor through Ms. Day for support in the following areas:

- ◆ high school diploma requirements
- ◆ course registration
- ◆ course sequencing
- ◆ course pre-requisites
- ◆ timetable issues
- ◆ post-secondary questions
- ◆ scholarship & bursary information

Our guidance counselors can also support students needing:

- ◆ academic counseling
- ◆ support working through issues that impact learning and life at CMHS
- ◆ emotional counseling
- ◆ accessing community supports
- ◆ financial support
- ◆ help resolving conflicts
- ◆ an advocate at school

Our guidance counselors work in partnership with our administration so that

students have support from all avenues available to them.

Our Guidance Counselors and Assistant Principals are assigned to students alphabetically according to Student Last Name:

### Guidance:

A—H: Ms. Banack

I—P: Ms. McEachern

Q—Z: Ms. Knowles

### Administration:

Principal ; Mr. Baldwin

Assistant Principals:

Ms. Seifert– Kelba,

Ms. Yu & Mr. Bondy

## COURSE OR TIMETABLE CHANGES & PROCESS

Students are encouraged to remain committed to their course selection. But, sometimes changes need to be made.

Students with issues regarding their timetable or course registration must see a guidance counselor as soon as possible and if needing to withdraw from a course, must see their guidance counselor PRIOR to the "Course Drop Deadline" - see Student Services for specific dates.

Students are expected to

continue attending all courses, including those they wish to drop, until the course withdrawal process is complete. It is the student's responsibility to ensure the withdrawal process is complete. Student transcripts will reflect any failing grades unless a student has properly withdrawn from a course and followed the process by the assigned deadline.

In very rare occasions administration may deem a student's situation to

warrant an exception and after significant discussion with the student, parents/guardians, teachers, and guidance counselor, administration may forgo the course drop process and deadline.

Course selection changes based on "teacher preference" are not considered. We try to ensure students have access to needed courses while keeping class sizes balanced. All our teachers are certified professionals.

## THE HUB—STUDENT SUCCESS CENTRE

**The Hub—Student Success Centre** is the centre of activity at Central. Here you will find our learning commons where students can access print material and on-line resources. The Hub is also home to our Student Learning Team (Resource), The Wellness Centre, The Career Centre—RAP and Work Experience, and The Dream Catcher space.

**Student Learning Team Centre:** Students with IPPs will be assigned a Key Teacher with whom they will set goals and determine strategies. Our Student Learning Team oversees the IPP process for students with special learning needs. They also assist with learning accommodations and they provide learning support for our students with special learning needs, including assistive technologies.

*ALL students needing support in their learning can always find help here.*

**The Wellness Centre:** There are many community resources and organizations that work in partnership with CMHS to support our students.

Members of these organizations can be found for support and accessed through The Wellness Centre, also located in The Hub. The Wellness Centre is designed to provide students with partner services and a schedule of when students are able to access these services. As well, students can learn about community resources that may be available to them and how to access these. Ms. Banack oversees the Wellness Centre.

**Dream Catcher Space:** Here you can find our Graduation Coach who works very closely with our aboriginal learners to support them through their high school journey. BUT, this space is intended to support ALL Central students looking for a quiet place to work.

**The Career Centre:** Ms. Hayward offers student support around career related matters. Students who are seeking employment and may need a few resume tips and interview skills can seek out support from Ms. Hayward. As well, students can participate in “Career Talks” most Fridays. Stay tuned to the Daily Bulletin for

more information around guest speakers and career related opportunities.

### **RAP/Work Experience:**

Students interested in the Trades, the Registered Apprenticeship Program, or just earning credits while they work at their part-time job, can find all the necessary information through our Learning Leader, Ms. Hayward whose office is located in The HUB. Ms. Hayward is the “head coach” for our Skills Team which competes every year in a competition designed around skills used in the Trades.

**Nutrition:** It is difficult to focus on learning if your stomach is grumbling. Through “Brown Bagging It”. our Student Learning Team is able to provide food to students in need of a lunch or a small snack. Any student in need of nutritional support is welcome to access this service during non-instructional times.

### **Tutorials & Support in**

**Academics:** Teachers are available to their students at various times outside of the regular timetable. To see the tutorial hours of each teach-

er you can find these located in The Hub at the front desk of the Learning Commons.

**Math Support:** Students wishing to access support in mathematics can also do so every day at lunch in *Math Central*—not located in The Hub (Second Floor—end of the hallway Room 227). Here you will find various teachers that can help you with your questions around math. Drop in if you need some extra help!





## Student Support

**Central  
Memorial  
High School  
is home to  
the "RAMS"**



## AVENUES FOR STUDENT SUPPORT

### PEER SUPPORT:

At times, having a peer support us through challenges is very helpful. Central Memorial's Peer Mentorship Program provides opportunity for peers to support each other. Our peer mentors have been prepared to provide support around emotional and academic concerns. ALL students can access this program through the Drop Box in The Hub. Here you will find cards to fill out detailing who you are and the help you are seeking. Once you submit this, a mentor will contact you. Alternatively, you can also access CMHS Peer Mentors by email: [cmhspeermentoring@gmail.com](mailto:cmhspeermentoring@gmail.com)

### STAFF SUPPORT:

The staff at CMHS is here to support the academic success and well-being of all of our students. At any time students should know that they can seek out assistance from the principal, assistant principals, guidance counsellors, teachers and staff, and we will work diligently to assist students in any manner possible. We are well versed in managing complex situations and will keep the safety and well-being of our students at the forefront of our actions and decisions.

### COMMUNITY PARTNERSHIPS:

There are many agencies that work in partnership with CMHS to support students. Community partners include The John Howard Society, Calgary Sexual Health Centre, MRU and U of C.

- ◆ Students can participate in groups such as "Healthy Relationships" and "Wiseguyz." And, for our aboriginal students, Central is home to "NAPI".
- ◆ CMHS is an "All In For Youth" school in partnership with The United Way. We work to support students who may have barriers in their lives, that make high school graduation challenging. "AIFY" offers free math tutoring. Representatives will visit classes within the first few weeks of each semester with information regarding the application process. The application form will look at: academic need, financial need, and motivation. If the student is successful, he/she will be contacted by the Lead Tutor, who will be overseeing the program.
- ◆ Calgary Public Library offers Brainfuse, online tutoring for students in grades 1-12. Once registered, students can log on and get immediate access to a live tutor who can provide them with one to one assistance with specific homework problems.

To learn more about these services please see Ms. Banack in Student Services or in Wellness Centre.

### AHS & CPS

Central Memorial is fortunate to have Nurse Babin working with students and staff in the area of health and wellness. Nurse Babin is a registered nurse with Alberta Health Services. Her office is located beside Student Services. As well, Central has a part-time School Resource Officer (SRO) who is a member of Calgary Police Services. Constable Szabo can support students around law enforcement concerns and becomes involved in school related issues that may require police involvement.

## BUSINESS OFFICE

**FEES:** Our Business Office is the place to go for anything financial.

Please visit our on-line fee schedule for specific fees.

Students/families unable to pay fees can apply for a waiver. Those in financial need who don't qualify for this should see the Principal directly.

**PARKING:** Student parking permits also go through the Business Office. Parking permits are \$40/year. Students with parking permits may park in student designated

parking zones. Vehicles without valid permits are subject to fines and towing.

**LOCKERS:** In order for students to have a safe place to store their belongings during the school day, individual lockers and locks are provided to every student by CMHS.

Students are not to share their combination with anyone in order to support the safe keeping of their items. Only locks issued by CMHS may be used. It is important that students understand that lockers remain the prop-

erty of CMHS and are on loan to students. This means that administration has the right to complete searches of lockers and student property when a concern around student safety and security is suspected.

***Please note: Lockers are not the private property of students.***



**Central  
Memorial  
RAM Colors  
are Purple  
and Gold.**

## COMMUNICATION & INFORMATION

Communication is essential in a large community. There are many sources students can access to ensure they are well informed around what's happening in our school:

- ◆ Homeroom Sessions
- ◆ Daily Bulletin
- ◆ Website
- ◆ Social Media Sites: Facebook & Twitter and Instagram
- ◆ Email
- ◆ Posters/Ads

Daily announcements will

inform students about important dates, announcements, clubs, athletics, scholarship opportunities, changes in the timetable, upcoming events, opportunities, and even what's on the menu in the cafeteria that day. If you miss the announcements, information in the Daily Bulletin also runs on the video monitor in The Hub and on our website: <http://schools.cbe.ab.ca/b823>

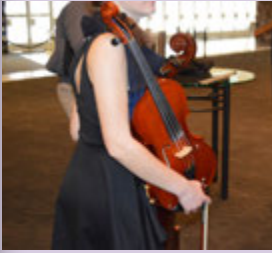
Our website also houses all kinds of other information to help keep you

informed—including the school calendar.

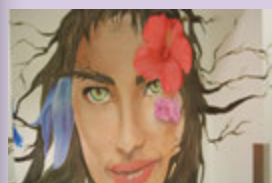
You can also access immediate information and ask questions in real time via our Facebook page and Twitter feed [@cmhsrams](https://twitter.com/cmhsrams)

When in doubt always ask...students can also email the school at [centralmemorial@cbe.ab.ca](mailto:centralmemorial@cbe.ab.ca) and you can be guaranteed a prompt reply and keeping in touch with your homeroom teacher will help.





**“Pursue  
Your  
Passion” at  
Central  
Memorial  
High School**



## ATTENDANCE POLICY & PROCEDURES

There is a great deal of research confirming a direct correlation between regular, punctual attendance with academic success. CMHS is committed to supporting student success.

It is an expectation that all students are in attendance and on time for all of their classes.

We understand that at times being absent from school is unavoidable. Parents/guardians are expected to call the school to report any excused absences. An excused absence does not excuse course work. Students must always meet course outcomes. Absences where the school has not been notified will appear as “unexcused.”

Students and parents/guardians should also note that CMHS and CT Centre do not share access to same attendance records and parents/guardians will need to call both CMHS and CTC to excuse absences if the student attends classes at CTC.

### Key Steps In CMHS” Attendance Policy:

#### 1. Teacher calls Home

After approximately 5 ex-

cused or unexcused absences in any one course the classroom teacher will call parents to discuss the impact of attendance on achievement.

#### 2: Letter sent home

After approximately 10 excused or unexcused absences in any one course the teacher and the school administration will send an attendance letter home to parents.

#### 3: Meeting

After approximately 15 excused or unexcused absences in any one course school administration will arrange a parent meeting to create an "Attendance Improvement Plan" for the student. Follow up meetings may be arranged by administration.

When attendance continues to impact achievement a student may be removed from a course, in an attempt to improve achievement in other areas, be given an opportunity to work in an on-line setting or distance education, seek employment, or be withdrawn from school.

If a student is withdrawn from school, then school administration will work

with the student and parents to develop an exit and re-entry plan.

Exit prior to high school completion is never final. We are committed to supporting students in finding the right avenue to high school completion.

We do have an automated system that does call home each time you are absent from a class. The system does NOT call home when you are late for a class, so please, do not tell your parents/guardians that the calls coming home are a result of your tardiness.

When inputting attendance, sometimes errors occur and if this happens, please have your teacher contact the Main Office. Office staff will make the necessary corrections.

**EXTENDED LEAVES:** If a student must be away from school for a period of 3 or more consecutive days an "Extended Leave Form" (available from the Main Office) is to be completed. This form is a source of communication that excuses the absence but not the course work and meeting the course outcomes is still a requirement.

## DIGITAL CITIZENSHIP & TECHNOLOGY

Students are expected to demonstrate positive digital citizenship when using all technology at CMHS. ***Irresponsible digital citizenship could result in the deactivation of a student's account.***

### CELL PHONES & PERSONAL DEVICES:

Personal devices, including cell phones are permitted, but they are the responsibility of the student. These are expensive devices and may be lost or even worse, stolen. This is an unfortunate reality and administration

does not have the resources to manage your lost device. Obviously—students found in possession of stolen property will face disciplinary action.

Cell phones ***are not to be used during class time, nor are they to be a disruption during class time.*** Students who regularly violate this privilege, may have their phones confiscated by the administration and returned at a later date to the student or parent. *Teachers do not confis-*

*cate cell phones for their own fiscal protection.*

**WARNING: Video recording or photographing of individuals without their knowledge or consent is not permitted. Students found doing so will face disciplinary action.**

### ACCESS TO TECHNOLOGY:

Students have access to computers through The Hub. As well, students are able to print necessary assignments etc. through The Hub. Currently each student is allowed 50 sheets of printing per month at no cost!



## SUPPORT STAFF & LEADERSHIP TEAM

The following staff members are vital to the work at CMHS. They support our learning community to ensure student learning can occur:

**Student Learning Team:** Ms. Metcalfe & Ms. Sinclair

**Main Office:** Ms. Safadi, Ms. Harrison, Ms. Babott

**Student Services:** Ms. Day

**Business Office:** Ms. Ghosh & Ms. Friel

**Learning Commons:** Ms. Poulosom

**Cafeteria:** Chef Adamus & Ms. Adamow

**Lab Technician:** Ms. Muhammad

**Computer Technician:** Ms. Springhetti

CMHS also has several educational assistants and instructors that work with teachers to support a variety of our programs such as our special education classes and our PVA classes.

**The Leadership Team:** At CMHS is made up of the principal, assistant principals and learning leaders. Each is the head of a program or department.

Department	Learning Leader
Humanities—English	Mr. Petrie
Humanities—Social	Ms. Michael
Science	Mr. Byttnen
Math	Mr. Mah
High School Success	Ms. Ms. Petroni
Career & Tech Studies	Ms. Dorozio
PVA & Fine Arts	Mr. Mulloy/Mr. Gardner
Technology	Mr. Scott
Careers & Trades	Ms. Hayward
Student Services	Ms. Knowles
Resiliency	Ms. Banack
Special Education	Ms. McEachern
Athletic Director	Mr. Watters
Student Activities/Leadership	Ms. Shaffer
Student Engagement	Ms. McKenzie
Phys. Ed.	Mr. McDade
Flexible Learning	Mr. Paris
Community Engagement	Mr. Robb
Indigenous Learning	Ms. Hajar
Technology and Social Media	Ms. Byrnes



## CBE STUDENT CODE OF CONDUCT

The Calgary Board of Education is committed to providing students and staff with a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging.

With this in mind, the CBE has created a system wide Student Code of Conduct (Administrative Regulation 6005) with input from students, parents and CBE employees.

This new code of conduct applies to all CBE schools and students.

All CBE students are expected to abide by the new system regulation, which is posted at;

<http://www.cbe.ab.ca/about-us/policies-and-regulations/Pages/Administrative-Regulations.aspx>

**Students are expected to be familiar with this regulation. Failure to be aware**

**of rules, regulations and expectations will not be considered a valid reason to avoid consequences related to one's actions.**

***Make good use of your time, it flies fast.***

**- Ovid**

## SPECIFIC CMHS STUDENT GUIDELINES & EXPECTATIONS

As indicated, all CBE students are expected to follow the same student code of conduct regardless of which CBE school the student attends.

The following information

is intended to ensure that students at Central Memorial are clear in the specific operations of our school and can be successful in their high school journey. Every

school has a certain way of doing some things. The information in the following three sections is specific to CMHS.

### STUDENT FRIENDLY AREAS

**All students are expected to be present and engaged in their learning during scheduled class time.**

**During class time**, students are not to loiter in the stairs, stairwells, ramps, foyer or wander the halls, even if you don't have a class.

Students waiting for a ride should wait by the doors. When we hang out in public areas we unintentionally create noise that filters into learning areas AND we often attract attention from our friends who are in class but who may have stepped out to go to the washroom, or to get a drink and we unintentionally impact their learning in a negative manner.

**Students can be in class, The Hub or the Cafeteria.**

Students who are seeking a place to work should use The Hub and those seeking a place to visit, the cafeteria.





## HOMEROOM

Each student is assigned a Homeroom teacher. Homeroom occurs primarily on Fridays at 10am (between 1 and 2 block). Homeroom will occur roughly twice per month. Students are expected to attend Homeroom like they would any other class. Attendance is taken during this time. Homeroom is where students will gain access to a great deal of information around what is happening in the school. Homeroom teachers also act as the Key Teacher for those students with IPPs. Through Homeroom students will also learn about important information around course selection, registration and high school graduation requirements. We try to ensure students have one Homeroom teacher for all 3 years at CMHS. Please see the school calendar for Homeroom Dates—via website on right hand side. Reminders will go into Daily Announcements as well.



## SAFETY & SECURITY

**Student & Staff ID:** All students are required to produce ID when asked. All students have received ID courtesy of CMHS. Students who have lost their ID will need to purchase a new ID through the Business Office. Students also require ID to sign out text books. Students can identify staff at CMHS by their ID that should be visible at all times.

**School Access:** Access into the school will be limited after 9:30am. All doors but three (the main entrance, far south east entrance, and the entrance from rear student/staff parking beside the bus cage) will be locked at 9:30am. Students travelling between CTC and CMHS are NOT to enter via shop doors or the loading dock.

All visitors and guests MUST sign in at the Main Office. Anyone appearing unfamiliar to staff and administration will be asked to produce ID and will be escorted out of the building if deemed they have no business in our school. Trespassing charges may also be laid.

It is important to note that CMHS does have a security system that includes closed circuit video monitoring. Be advised that your actions within our school are monitored via video surveillance.

**Safety Policies & Procedures:** Students and staff will regularly rehearse and prepare for emergency situations including fire, lockdown and evacuations. Students are expected to comply with all direction from staff during these drills—failure to do so will result in disciplinary action. In the event of an actual emergency situation it is of great importance that students comply with all direction. Failure to do so may not only result in disciplinary action, but may actually result in causing significant harm to oneself or others. **No student has the right to interfere with the safety and security of any other student or staff member.**

Emergency procedures will be reviewed in Homeroom. Students are encouraged to ask for clarification during these sessions.

***Welcome to  
Ram Country  
where the  
head of our  
herd is our  
mascot  
Rambo!***





Active citizenship

***Life doesn't make any sense without interdependence. We need each other, and the sooner we learn that, the better for us all.***

**- Erik Erikson**



## ACTIVE CITIZENSHIP

Central Memorial High School is a learning community that believes that all members need to play an active role in ensuring everyone's rights are protected. To do this, everyone must assume the responsibilities expected of them through their role in the community.

Central administration and staff are tasked with ensuring that every student in our learning community has the right to access their education in a safe and welcoming environment. As well, every member of our learning community, student or staff, has the right to feel safe and secure.

We work hard to foster a culture of inclusivity where we accept every member for who they are and we believe that our differences, as much as our commonalities, make us stronger as a collective. Each member brings something to the community that makes us all stronger and greater as a result.

We are strongest when we all take ownership for our community and each other and act when necessary. We rely on students to do what is right and to look out for one another. We cannot keep our school safe if we do

not all take an active role in this task.

At times it is very difficult to 'do the right thing' but it doesn't mean we can walk away from something we know could potentially harm the greater community simply because it is difficult to come forward. Students, as well as staff, have a responsibility in keeping each other safe. When you know something is wrong—act! When you have information that could save time, energy and resources—act! When you have information that could help—act! Come forward ...seek out support from your parent or another adult if you feel you don't have the courage to act alone, but regardless—ACT!

Being a bystander, seeing and not doing, is just as wrong as being actively involved in a situation that may harm others in our learning community. Claiming you did nothing wrong will not get you far...the key words here are "did nothing".

Putting yourself in front of a problem may cause you some repercussions, but putting yourself behind a problem will ALWAYS cause you repercussions. Chances are, if something

makes you uncomfortable, or your gut tells you it isn't right—it isn't. On some level you know when things are right and wrong. You have a responsibility as a member of our community to come forward in these cases.

Students are not alone at Central. Administration and staff are committed to supporting our students and doing all that is possible to support each one. Seeking our help, or having your parent seek our help on your behalf, will ensure that although you may face some consequences that aren't pleasant at times, you will not face those consequences alone.

High school is a time to make mistakes in the safest environment possible. Not one of us is perfect and we will all make mistakes and even make poor choices. Learning from these mistakes and moving forward in a more positive manner is the key to growing and succeeding.

## BELL TIMES/SCHEDULE

CMHS class times and schedules are set and consistent for all students.

At CMHS bells assist students in getting to class on time. Students are expected to be in class, on time and prepared to learn.

Please be diligent in your attempts to get to your class on time. Sometimes we can't help it and we are late. When you are

running late, move quickly and enter class quietly and without disruption.

We have a "tumbling timetable". See below. This means that not every day looks exactly the same. Classes rotate in the morning and afternoon but morning classes are always Period 1 & 2 and afternoon classes are always 3 & 4.

Homeroom is held 2 times per month on Friday at 10

am. These dates are in the school calendar. Important dates and homeroom dates are also listed on page 13 of this handbook.

***Please not the change of schedule on Friday.***



BELL TIMES/SCHEDULE			
Monday–Thursday		Friday	
Tutorial Time	8:25–8:55	Tutorial Time	8:25-8:55
Block 1	9:00-10:28	Block 1	9:00-10:00
Block 2	10:28-11:56	Block 2	10:00-11:00
Lunch	11:56-12:29	Break	11:00-11:15
Block 3	12:29-1:57	Block 3	11:15-12:15
Block 4	1:57-3:25	Block 4	12:15-1:15

TUMBLING TIMETABLE					
Monday	Tuesday	Wednesday	Thursday	Friday	Friday w/HR
Period 1	Period 2	Period 1	Period 2	Period 1	Period 1
Period 2	Period 1	Period 2	Period 1	Period 2	Homeroom
Lunch	Lunch	Lunch	Lunch	Break	Period 2
Period 3	Period 4	Period 3	Period 4	Period 3	Break
Period 4	Period 3	Period 4	Period 3	Period 4	Period 3
					Period 4

***Better three hours too soon, than a minute too late.***  
- William Shakespeare



**Opportunity  
does not  
knock, it  
presents  
itself when  
you beat  
down the  
door.**

**-Kyle Chandler**

## STUDENT ACTIVITIES

Your courses should always come first, but it is also important to be a part of your community outside of classes. You get to see teachers in a different light, work with people you share interests with and meet new people. Ms. Shaffer is the Learning Leader for Student Activities and Leadership. Some opportunities include the following activities:

- Leadership
- Yearbook
- iGEM
- Model UN
- Speech/Debate
- Skills Alberta
- GSA
- Best Buddies
- Cheer Team
- Peer Mentorship
- Theatre Improv
- Intramurals
- and many more...

Student voice is important in our school. Students are encouraged to provide constructive feedback and plausible suggestions to continue to make our school strong.

In the fall the principal puts out a call for students to apply to participate on **PAC—The Principal's Advisory Council**. This council serves as student advisors to the principal and actions student led initiatives to improve and positively impact CMHS.

## myPASS

myPass is a secure self-service provincial website for students to access information about their education. All students should set up an account—but especially Grade 12. Students will need an account to:

- View and print diploma exam result statements.
- Order transcripts.
- View progress towards a credential (diploma or certificate).
- View student personal information.
- View and print detailed academic reports (DAR).
- Order additional copies of a credential.
- Register for a diploma exam.
- Request and pay for rescues on their myPass account.

### Sign Up Online:

Go to [myPass.alberta.ca](http://myPass.alberta.ca)

- Set up an Education Account or sign in with social login.

Enter your [Alberta Student Number](#) and date of birth.

- You will be sent two things – an email with a URL and a physical letter with a 4 digit PIN.

Once you receive both the email and the letter, go to the URL contained in the email and input the 4 digit PIN.

You will receive your PIN signup letter in the mail. Once it arrives, you can log into [mypass.alberta.ca](http://mypass.alberta.ca) and use the “I Have a Letter” button to activate your myPass account.

## ATHLETICS

Central Memorial offers a variety of opportunities for students to get involved in athletics. CMHS provides all students with avenues to engage athletically. Opportunities are available for students seeking team or individual sports. Varsity sports traditionally offered at Central include:

- Soccer
- Football

- Volleyball
- Basketball
- Field Hockey
- Rugby
- Wrestling
- Badminton
- Swim & Dive
- Track & Field
- Cross Country

Mr. Watters is our Athletic Director. All questions concerning Athlet-

ics can be directed to him. He will be able to clarify what's going on and when! Watch for Clubs Rush Day (usually occurring over the span of two lunch periods) where each group or team has a booth to promote their activity and provide information.



## HIGH SCHOOL GRADUATION REQUIREMENTS

Alberta High School Diploma Minimum Requirements  
100 Credits

**100 credits must include successful completion of the following courses:**

- ◆ English 30-1 or 30-2
- ◆ Social 30-1 or 30-2
- ◆ Math 20-1 or 20-2 or 20-3
- ◆ Science 20 or Science 24 or Biology 20 or Chemistry 20 or Physics 20
- ◆ Physical Education 10
- ◆ Career and Life Management (CALM)

**100 credits must also include 10 Credits in the following areas:**

- ◆ CTS courses
- ◆ Fine and Performing Arts
- ◆ Second Languages
- ◆ Physical Education 10 and/or 30
- ◆ Knowledge & Employability courses
- ◆ Registered Apprenticeship Program (RAP) courses
- ◆ Locally Developed and Authorized courses in CTS, fine arts, second languages or K&E occupational courses

**100 credits must also include 10 more credits in any 30-level course (in addition to ELA and Social):**

- ◆ 30-level Math, Science, Fine Arts, Second Languages or PE
- ◆ Advanced level (3000 series) CTS courses
- ◆ 30-level Locally Developed and Authorized courses
- ◆ 30-Level Work Experience courses
- ◆ 30-Level Registered Apprenticeship Program (RAP) courses
- ◆ 30-Level K&E courses
- ◆ 30-Level Green Certificate courses

Are you  
enrolled in any  
Knowledge &  
Employability  
Courses?

If so, speak to  
your guidance  
counselor  
about the  
Alberta  
Certificate of  
High School  
Achievement

# PowerSchool

- ◆ PowerSchool is the name of the new student information system replacing Home Logic.
- ◆ Your PowerSchool account can be accessed through the link on our school website.
- ◆ All Marks, Attendance, Timetables and your personal Demographic information are now in PowerSchool.

## Just in case you didn't know...

- ⇒ The SCHOOL CALENDAR can be found on the school website Home page.
- ⇒ There is an ATM in our school and located right outside of the Main Office.
- ⇒ Our cafeteria serves breakfast and lunch and takes cash and debit.
- ⇒ The hydration station located in the foyer has the coldest water.
- ⇒ The Main Office staff can answer just about any question you may have.
- ⇒ 2018/2019 is the 50th Anniversary of Central Memorial High School