



Calgary Board
of Education

Fowler/Diefenbaker

Junior Football



Welcome!! to a new year of Fowler/Diefenbaker tackle football. All grade 10s are encouraged to come play. All players will make the team as long as you have a **dedicated** and sportsmanlike attitude. Here at Fowler we will put **the student first**, so it's important that all student athletes that come out are committed to the school and to the team 100%.

Important Information

Equipment Sign-out

- August 29th, 2018 (12:00 – 2:30pm)
 - Meet in the James Fowler Main Gym @ 12:00noon

First Practice

- August 29th, 2018 (3:30 – 6:00ish)
 - A bus transporting all players who have a **signed** athlete tryout form will depart from Fowler at **2:45pm** to head to John Diefenbaker High School
 - Students will be assigned locks and lockers
 - Practice begins at 4:00pm in **FULL!!** equipment on Diefenbaker Field

What to Bring To Your First Practice

1. Signed Athletic Tryout Form (See Attached)
2. Shorts, T-Shirt, & Water Bottle (you must provide)
3. Tackle Football Equipment
 - a. Girdle, Pants, Shoulder Pads, Knee Pads, Helmet, Mouth Guard, Practice Jersey (we will provide)
 - b. Cleats, Practice Socks (you provide)

Practice and Safe Contact

- We participate in a Safe Contact League and as such students are **required to have 10 practices** prior to their playing in their first game, and a certain amount of safe contact training. Students need to plan to attend **ALL Practices** in order to qualify to play in a game.



****More Information Provide During Practice Times****

Contact Mr. Bevan For More Details (587) 777-1427