



TA Bulletin #16 | December 19, 2017

Important Dates

December 19 – 9:40-10:30
Holiday Snack Sharing

December 20 – Deadline to register for Women in Engineering Day – See Ms. Howell/Boughton

December 20-21
Bake Sale for Charity

December 21 – Last day of Classes & Door Decorating Judging

December 22 –
Non-Instructional Day -
NO CLASSES

Dec. 23–Jan. 7 – **WINTER BREAK**

2018

January 8 – Classes resume

January 15 –
AHS Workshop: Motivating Unmotivated Teens (Parent-Focused Approach) @ Hall of Fame - [See Page 2 & 4](#)

February 21 –
Women in Engineering 2018

Important Meetings

NSS Door Decorating

Again this year, NSS is having a door decorating contest. TA's are asking to decorate their door to celebrate the holiday season. Judging will be on the last day of school, December 21st. Prizes will be given to the best dressed door!

Peer Tutoring

For those students who would like to help fellow NSS students with subjects or those who would like a little assistance with classes, please feel free to work together in Room 118 on Wednesday's period 1. If there is more interest we can expand the peer tutoring program.

NSS Debate Club

NSS is proud to announce that we will have be starting our first ever debate club in Mrs. McGregor's classroom on Wednesdays at lunch. We encourage everyone to come and join the fun, where we will be discussing and debating national and foreign issues.

Dec. 20-21 Bake Sale for Charity!!!

Join us on Wednesday and Thursday, December 20th and 21st, in the student gathering area for our Christmas bake sale. All proceeds will be donated to the Jumpstart Foundation, which helps underprivileged kids have access to sporting opportunities.

Women in Engineering Day 2018

You're invited to attend Women in Engineering Day 2018 on February 21st, 2018. This event is designed to introduce **Grade 10 and 11 girls** to engineering. **This fun-filled interactive day includes:**

- information on engineering
- an engineering design competition
- department demonstrations
- lunch
- life as an engineering student presentation
- a panel discussion led by successful female engineers

If you are interested in attending please see Ms. Howell or Ms. Boughton by Wednesday, December 20th to register.



NSS Bandu's (Bufs)/Shorts/Toques for Sale

Please see Mr. Jewan and/or the office if you wish to purchase any of the above-mentioned NSS items.

Bandu \$10

Short \$10

Toque \$15

Cash/Cheques will be accepted. Thank you.

School Clothing Order

We will be placing a second clothing order for NSS hoodies and sweatpants. Please have payment and order form (attached) to main office by January 19th.

Hoodies \$45

Sweatpants \$40

Motivating Unmotivated Teens: A Parent-Focused Approach

NSS has collaborated with Alberta Health Community Education Services to provide parents with this upcoming session. Please go to the CES session website <http://community.hmhc.ca/sessions/> to register in advance - Page 6.

January 15, 2018 7:00 PM - 8:30 PM (sign-in at 6:45 p.m.)

Canada's Sport Hall of Fame Ridell Family Theatre

Parents become concerned with their children's lack of motivation for school achievement when their achievement falls short of their potential. When parents attempt to enhance motivation, they find motivating young children challenging, motivating teens daunting. The task is formidable, particularly when there is a history of academic underachievement. Simply put: habits are difficult to change. Habits or patterns of behavior do not apply solely to teens, but also to parents. The idea of changing parental behaviour in such cases is not new. What makes my approach somewhat different is that I have made parental behavior the underlying principle permeating my thinking on this topic. The result is a parent - focused approach to the problem. I share the key elements of my perspective in this session. While by no means a quick solution, parent counselling, in my experience, has proven more effective than teen-focused intervention.

This session is FREE and open to all - parents, professionals and students. **See Poster on Page 4.**

Accomplishments 2017-2018

Name	Sport	Competition	Accomplishment
Josh Burger and partner Amelia	Figure Skating	Skate Canada Challenge	3rd Place – Dance Pairs
Matej Pederson	Speed Skating	Canadian Jr Championship - Quebec	5th Place – 1500m 20th Place – 500m 10th Place – 1000m 9th Place – 1500m Superfinal 12th Place - Overall and youngest competitor (Final Ranking)
Brendan Yamada	Speed Skating	Canadian Jr Championship - Quebec	5th Overall

Please submit your accomplishments to:

sgmacdonell@cbe.ab.ca/dsahfat@cbe.ab.ca or to your Teacher Advisor – **Pictures of NSS Students in action (in their sport/competition) would be much appreciated.**



Community Education Service



Motivating Unmotivated Teens: A parent - focused approach

Sal Mendaglio, PhD, Professor, University of Calgary and Registered Psychologist

January 15, 2018

7 - 8:30 pm

Sign in: 6:45pm

Canada's Sport Hall of Fame

Ridell Family Theatre

169 Canada Olympic Road SW, Calgary

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955-4747

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Level I: This session presents an overview of motivation in teens, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child & Adolescent Addictions & Mental Health Portfolio & Psychiatry (CAAMHPP) of Alberta Health Services and the **National Sport School at Canada's Sport Hall of Fame Theatre**