



## TA Bulletin # 19 | January 30, 2018

### NSS Application 2018-2019

The NSS Application forms for 2018-2019 for **NEW students** are posted on our website. Please share with any interested family & friends. Deadline to apply is **March 5, 2018.**

### Graduation 2018

Graduation Closing Ceremonies this year will be **Friday, June 29<sup>th</sup> at 11am** at the Markin MacPhail Centre here at COP. First grad meeting for students for information will be **Wednesday, February 7<sup>th</sup>** at lunch in Ms. Biegler

### Leadership Meeting

Tuesday, February 6<sup>th</sup> at lunchtime in Room 118

### Yearbook Meeting

Tuesday, February 13<sup>th</sup> during TA in Room 119. Please be sure to send your yearbook representatives to the meeting.

### Parent Information Sessions around the City of Calgary

*Community Education Services* provides numerous education sessions throughout the year free to parents, guardians, educators, and families. These are the sessions for the month of January. Please visit their website to find details information, times and locations of the sessions. <http://community.hmhc.ca/sessions/>

**January 31** – Healthy Brain Development: Protective & Risk Factors

### CBE 2018-19 School Calendar

The 2018-2019 Calendar has been Finalized and Posted on CBE website <http://www.cbe.ab.ca/registration/calendars/Pages/default.aspx>

### Save the Date

Hands-on Nutrition Workshop

WHEN: Tuesday, March 13

Wednesday, March 14

TIME: 7:00-8:30 p.m.

Enjoy cooking some healthy options while learning about how to help your adolescent athlete fueled for success. **Only 16 spaces/evening.** More details in upcoming bulletins. RSVP required.

### Important Dates

#### 2018

##### February 2

Non-Instructional Day –  
**NO SCHOOL**

**February 6** – Report Cards

**February 15-16** – Teachers’  
Convention – **NO SCHOOL**

**February 19** – Family Day –  
**NO SCHOOL**

##### February 21

Women in Engineering 2018  
(see TA Bulletin #18)

##### February 21 & 22

Grad Photos (Poster Pg. 2)

### Important Meetings

\*Leadership Meeting at  
Lunchtime in Rm 118,  
Tuesday, February 6<sup>th</sup>

\*First Grad Meeting at  
Lunchtime in Room 121  
Wed, February 7<sup>th</sup>



# — A YEAR TO — REMEMBER

GET EXCITED. GET INSPIRED.  
GET READY FOR GRAD PORTRAITS.



## BOOK YOUR APPOINTMENT

To book your appointment visit our website at:

[lifetouch.ca/southernalberta](http://lifetouch.ca/southernalberta)

**National Sport High School**

**Graduation Sitting Feb. 21 & 22, 2018**

**Location: Markin MacPhail Building Room 4 2<sup>nd</sup> Floor**

**Online Booking Site Now Open**

## REMEMBER

Guys: Wear a dress shirt and tie for the formal portion of your sitting.

Girls: Wear a v-neck or scoop neck top for the formal portion of your sitting.

## CONTACT US

Should you have any questions regarding your portrait sitting, please contact your local office:

Calgary: 403-295-5440

Lethbridge: 403-327-2658

Red Deer: 403-356-9410

Medicine Hat: 403-487-5256

Plan & prepare for your session at  
[PRESTIGEPORTRAITS.CA](http://PRESTIGEPORTRAITS.CA)



**Important Note:** Please do not plan to include pets in your sitting at school, if you would like your photo taken with your pet please call the local studio closest to your location to book an appointment.

## Community Education Services – FREE Workshops for February

- Feb 1** - Boys and Girls Learn Differently: How Gender Differences Influence Learning and Behaviour
- Feb 2** - National Eating Disorders Awareness Week Special Session on Eating Disorders, Body Image, & Youth  
Noon - 1:30 PM - [Alberta Children's Hospital - Theatre](#)
- Feb 7** - Part 1: Fetal Alcohol Spectrum Disorder: Background, Assessment and Diagnosis, and Associated Features  
10:30 AM – Noon - [Alberta Children's Hospital - Theatre](#)
- Feb 8** - Healthy Relationships: How parents can help their children create positive and healthy relationships  
6:30 PM - 8:30 PM - [Bert Church High School](#)
- Feb 8** - ADHD is Awesome!  
7:00 PM - 9:00 PM - [Ernest Manning High School](#)
- Feb 12** - Parenting Power Presents: Let's Talk Preschoolers - Get Them To Listen The First Time  
10:00 AM - 11:30 AM - [Alberta Children's Hospital - Theatre](#)
- Feb 14** - Youth Bullying and Discrimination: Let's Make it Stop  
10:00 AM - 11:30 AM - [Alberta Children's Hospital - Kinsmen Theatre](#)
- Feb 15** - Supporting your Anxious Child - What Works and What Doesn't  
6:30 PM - 8:30 PM - [C.W. Perry School](#)
- Feb 15** - Inclusive Recreation for All \*Also available as a Webinar\*  
7:00 PM - 9:00 PM - [Holiday Inn](#)
- Feb 21** - Marijuana and Development of the Brain  
10:30 AM – Noon - [Alberta Children's Hospital - Theatre](#)  
Please join visiting Neuroscientist from New York, Dr. Diana Dow-Edwards
- Feb 22** - Part 2: Fetal Alcohol Spectrum Disorder: Presentation Across the Lifespan, Learning and Behaviour, Supports and Resources  
10:30 AM – Noon - [Alberta Children's Hospital - Theatre](#)
- Feb 28** - Let's Talk About: Typical Speech and Language Development (2 to 5 years)  
11:00 AM - 12:30 PM - [Alberta Children's Hospital - Theatre](#)
- Feb 28** - ADHD is Awesome!  
6:30 PM - 8:30 PM - [St. Mary's School](#)
- Feb 28** - Understanding Teen Mental Health & Wellness  
6:30 PM - 8:30 PM – [Chestermere Public Library](#)



## RBC Training Ground (2018)

A day of physical challenges for athletes to showcase their podium potential. To see if they've got what it takes to be Canada's next great Olympic athlete, athletes will compete in four exercises that include POWER, SPEED, STRENGTH and ENDURANCE.

Athletes who meet or exceed performance benchmarks set by National Sport officials will be invited to attend the RBC Training Ground regional final

**When:** Saturday, March 3<sup>rd</sup> (9:00 am - 3:00 pm)

**Where:** Spray Lakes Sawmills Family Sports Centre (Cochrane)

Athletes can register at [rbctrainingground.ca](http://rbctrainingground.ca)



### Supporting Welcoming, Caring and Safe School Environments

This month, many schools and school boards across Canada will participate in bullying awareness initiatives. While some of these activities take place just once a year, I wanted to highlight the very important work that happens in our schools and system to prevent bullying each and every day.

We know that students are more successful when they feel safe, included and welcome at school, and I am proud of the way our students, parents and staff come together throughout the year to create healthy, inclusive learning environments.

Recently I visited one of our large elementary schools. The staff talked about the ways in which they collaborate to meet each student's needs. Their shared pride in the ways they have nurtured a community in which each child is valued and able to learn, is inspiring. And when I meet with our students and hear about their plans and goals to create a world that is more accepting and more inclusive, I can't help but feel our future is in good hands. I hope that our students inspire you, too.

David Stevenson  
Chief Superintendent of Schools

### Instructional Calendars

The system instructional calendars for the 2018-19 school year have been approved and can be viewed online at [cbe.ab.ca](http://cbe.ab.ca).

The calendars establish common system-wide non-instructional days, holidays and important dates such as the first day of class.

Calendars for future years up to 2021-22 are also available online.

Please note that schools may identify additional non-instructional days, late entries or early dismissal days. Please check with your school for more information.

February 2018

### Kindergarten Registration

If you are looking to register your child in a CBE school, you'll find everything you need to know to get started on our website.

Kindergarten registration for the 2018-19 school year began on Monday, Jan. 22, 2018. If you are interested in registering your child in a program that is anticipating a lottery, the registration deadline is noon on Feb. 13, 2018. If you have questions, please call your school office.

We look forward to welcoming your child to one of our schools!

### Pink Shirt Day

Pink Shirt Day is an opportunity for everyone to wear something pink to symbolize that as a society we will not tolerate bullying. Bullying in any form is unacceptable and everyone has a role to play in promoting healthy relationships and preventing bullying.

On Wednesday, Feb. 28, you can show your support for welcoming, caring, respectful, safe, and inclusive school communities by wearing a pink shirt. If you use twitter, tweet a photo of yourself using #pinkshirtday hashtag.

### Budget Comment Form

Budget season is drawing closer, and we'd like to hear your thoughts and comments on what is important to you. A budget comment form is available on our website at [cbe.ab.ca/budget](http://cbe.ab.ca/budget).

Providing your name and email address are optional, but encouraged in cases where you may wish for a response from our team. Some of your questions and comments may be anonymously posted on our Dollars & Sense web page, where Brad Grundy, our chief financial officer, provides a public response.

## Accomplishments 2017-2018

Name	Sport	Competition	Accomplishment
<b>Pete Verheyde</b>	Freestyle Skiing	Freestyle Alberta Provincials	<b>1<sup>st</sup> Place – Men's U16</b> <b>1<sup>st</sup> Place – Overall Halfpipe</b>
<b>Andrew Longino</b>	Freestyle Skiing	Freestyle Alberta Provincials	<b>1<sup>st</sup> Place – Men's U16</b> <b>1<sup>st</sup> Place – Overall Slopestyle</b>
<b>Skylar Bokitch</b>	Freestyle Skiing	Freestyle Alberta Provincials	<b>1<sup>st</sup> Place – Men's U18</b> <b>3<sup>rd</sup> Place – Overall Slopestyle</b>
<b>Caeden Carruthers</b>	Alpine Skiing	<b>Lake Louise Ski Club FIS GS &amp; SL Races - Jan 18-21</b>	<b>6<sup>th</sup> Place – Overall GS #1</b> <b>6<sup>th</sup> Place – Overall GS #2</b>
<b>Avery Lebsack</b>	Alpine Skiing		<b>10<sup>th</sup> Place – Overall GS #1</b>
<b>Henry Culver</b>	Alpine Skiing		<b>9<sup>th</sup> Place – Overall GS #1</b>
<b>Aaron Puskas</b>	Alpine Skiing		<b>10<sup>th</sup> Place – Overall SL #1</b>
<b>Brielle Souter</b>	Alpine Skiing		<b>7<sup>th</sup> Place – Overall SL #2</b>

Please submit your accomplishments to: [sgmacdonell@cbe.ab.ca](mailto:sgmacdonell@cbe.ab.ca)/[dsahfat@cbe.ab.ca](mailto:dsahfat@cbe.ab.ca) or to your Teacher Advisor – ***Pictures of NSS Students in action (in their sport/competition) would be much appreciated.***