



TA Bulletin # 24 | March 6, 2018

Important Dates

2018

February 20 – May 1

TA Clothing Collection
Competition
Details on page 2

March 13

7:00-8:30 p.m. Hands-on
Nutrition Workshop – **RSVP
by this Friday**

March 20

Interim Reports

March 23 – Non-Instructional

Day – **NO SCHOOL**

March 26-April 2

SPRING BREAK

April 3 & 4

Grad Photos
See poster on page 3

May 6-8

MLA for a Day
See poster on page 4

Important Meetings

Leadership Meeting at
Lunchtime in Rm 118, **TODAY**

Email address change

Parents- If you have updated your email address some time this year, please remember to subscribe your new email address to continue receiving messages (including the weekly TA Bulletin) from National Sport School and the system-wide messages).

<https://www.cbe.ab.ca/news-centre/school-messages/Pages/default.aspx>

Graduation 2018

Graduation Closing Ceremonies this year will be **Friday, June 29th at 11am** at the Markin MacPhail Centre here at COP.

Yearbook Meeting – NO meeting today.

Leadership Meeting – TODAY – at lunch in room 118

PTC Training times:

Students are reminded of the training times for the PTC.

Monday-Friday from 6:00 am - 8:15 AM.

There is no training in the PTC after school. If students wish to train after school the BNTC is available from 3:00 pm - 8:00 pm.

We have made arrangements for students to train in the PTC during holidays with different hours but those times are only for holidays. Please be sure to check with Mr. Weipert, Mr. Stewart or Mr. Jewan if you are unsure of the training times.

EducationMatters Awards

The EducationMatters 2018 Student Award Competition is now officially **OPEN!** All award information as well as access to the online application system is now available via educationmatters.ca.

There is a tutorial video for students on the website.

<https://www.educationmatters.ca/students/applying-for-a-scholarship/>

If you should have further questions regarding scholarships please contact Mr. Weipert or Mr. Jewan.

NEW at the Dome

For discounts/special game nights -

<https://mailchi.mp/calgaryflames/whats-new-at-the-dome-march?e=a281e3b3e5>

GRADUATION 2018

Friday, June 29th, 11:00 a.m.

@ Markin MacPhail Centre

@ COP

TA Clothing Collection Competition - for a good cause!!!

From February 20th to May 1st, a competition will be held between all TAs to see who can collect the most gently used clothing and toys; these items will be donated to the Salvation Army. Please donate toys, pants, shorts, shirts, dresses, hoodies, toques, mittens, scarves, shoes, and jackets. Please ensure that any used items are wearable and clean. A box will be set up in each classroom, so make sure you place your items in the correct TA collection bin. The winning TA will enjoy a pizza lunch on Tuesday, May 22.

The Salvation Army exists to meet human needs and be a transforming influence in the communities of our world one person at a time. We believe that each person is infinitely valuable and equally worthy without discrimination. The Salvation Army has a proven track record that goes back 130 years in Canada and is now one of the world's largest providers of social services."

For more information on the Salvation Army, visit this website: <https://www.salvationarmy.ca>

Hands-On Nutrition Workshop

Join registered dietitian Carrie Mullin Innes in this hands-on cooking class to create healthy meals and snacks that even your adolescent athlete could prepare. Recipes will be designed to be "teen friendly", quick, simple and performance-based. Sports nutrition guidelines and nutrient content of meals and snacks will be discussed.

RSVP to school to 403-777-7329 Ext "0" or email the school at nationalsport@cbe.ab.ca

WHEN: Tuesday, March 13th

If demand exceeds 16 spaces, an additional workshop will be added on March 14th.

TIME: 7:00-8:30 p.m.

Only 16 spaces

City of Calgary 20th Annual Youth Hiring Fair

The City of Calgary Youth Hiring Fair is an opportunity for youth, ages 15-24, to connect with over 80 employers for seasonal, part-time and full-time positions.

For more information, visit <http://www.calgary.ca/CSPS/CNS/Pages/Children-and-youth/Youth-employment-centre/Home.aspx> or call 403-268-2490.

When: Tuesday April 3, 2018

Where: Big Four Building, Stamped Park

Time: 1:30-6 pm

NSS Bandu's (Bufs)/Shorts/Caps/Toques/Mugs for Sale

Please see Mr. Jewan and/or the office if you wish to purchase any of the above-mentioned NSS items.

Bandu & Short \$10 each

Cap & Toque \$15 each

Insulated Mug \$20

Cash/Cheques will be accepted. Thank you.

— A YEAR TO — REMEMBER

GET EXCITED. GET INSPIRED.
GET READY FOR GRAD PORTRAITS.



Prestige
PORTRAITS

BOOK YOUR APPOINTMENT

To book your appointment visit our website at:

lifetouch.ca/southernalberta

National Sport High School

Graduation Sitting April 3 & 4, 2018

Location: Markin MacPhail Building Room 4 2nd Floor

Online Booking Site Now Open

REMEMBER

Guys: Wear a dress shirt and tie for the formal portion of your sitting.

Girls: Wear a v-neck or scoop neck top for the formal portion of your sitting.

CONTACT US

Should you have any questions regarding your portrait sitting, please contact your local office:

Calgary: 403-255-5440

Lethbridge: 403-327-2658

Red Deer: 403-356-9410

Medicine Hat: 403-487-5256

Plan & prepare for your session at
PRESTIGEPORTRAITS.CA

Prestige
Portraits
by Lifetouch

Important Note: Please do not plan to include pets in your sitting at school, if you would like your photo taken with your pet please call the local studio closest to your location to book an appointment.

**ARE YOU A HIGH SCHOOL STUDENT WITH
AN INTEREST IN POLITICS?**



May 6 – 8

Mr. Speaker's **MLA** for a day

Take part in a **free** three-day youth conference at the Alberta Legislature to network with students from across the province, attend workshops, interview current and former MLAs and participate in head-to-head debate.

Apply by March 23, 2018

assembly.ab.ca/visitor/student_zone



#MLAFAD2018



Accomplishments 2017-2018

Name	Sport	Competition	Accomplishment
Matt Molnar	Ski Cross	Western Canada Ski Cross Series 2018 Lake Louise – February 24 th	Bronze Medal – FIS Male Category
Grace Lew	Wrestling	City Championships - February 28 th	Gold Medal – 50kg weight class Qualifier for Provincials
Olivia Gibson	Freestyle Skiing	Canadian Series Provincials #3 Provincials #4	15th Place 1st Place – U16 1st Place – Overall 1st Place – U16 1st Place - Overall
Cory Rogans	Cross Country Skiing	Ski Mountaineering Race Panorama BC	1st Place – Jr. Men’s Vertical 1st Place – Jr. Men’s Individual

Please submit your accomplishments to: sgmacdonell@cbe.ab.ca/dsahfat@cbe.ab.ca or to your Teacher Advisor – ***Pictures of NSS Students in action (in their sport/competition) would be much appreciated.***



Matt



Matt



Grace