

## Bulletin

### October 15

Oct 18 NSS Reunion postponed till 2020 for 25 year Reunion

Oct 19 Photo Retakes

Oct 23 Parent Council 6:30 pm

Oct 24 11:45 Kiiktistinoniks (Our Grandmothers) Field Trip to Arts Commons (21 Students)

Oct 25 NSS Awards

Oct 26 PD Day No School for Students

### Reunion Postponed - Oct 18 event cancelled

Reunion Postponed till 2020 for 25 year Reunion

Due to lack of ticket sales we have decided to postpone the 23 year Reunion until the 25th year of the first graduating classes. Tickets will be refunded.

### Accomplishments:

#### Ethan Rau, Aiden Fink, Brody Maguire - Hockey

Chilliwack International Bantam AAA Challenge Cup - October 2018 - Gold

Aiden voted as one of three all-star forwards

Ethan voted as all-star goaltender

### NSS Culture of Excellence - CHOOSE KIND

Harvest festivals are universal and celebrated by most cultures around the world at different times of the year. During these times of celebration people give thanks and appreciation for those around them and for all of the aspects of their life for which they are grateful. Many partook in Thanksgiving recently and now we are heading into a season of remembrance and giving where people are demonstrating acts of kindness. For students at school it is important that they make the connection and CHOOSE KIND when interacting with their friends, peers, teachers, family and those that support them in sport. It is easy to make a mocking comment that gets a laugh, and while the jokester has garnered points with peers the cost is that it was at the expense of a peer. It takes creativity to make a joke and get a laugh about a situation that leaves everyone feeling good about themselves. It also takes kindness to be considerate of others in the moment. It is hard to put others and not yourself first. So over the next week as you are faced with decisions about saying or doing a particular thing - take a moment and ask yourself - is it kind? Show kindness by leaving a space cleaner than you found it; saying thanks to a coach, a parent or a teacher; and give a friend a compliment or help them out. CHOOSING KIND is COOL!

### GSA Gay Straight Alliance

All students at CBE schools are invited to create and participate in a GSA. Everyone is welcome. Members of or friends of the LGBTQ community and or any interested student are welcome to join. The group would gather weekly, biweekly or monthly and set their own agenda. This is a respectful safe environment for students to gather. If you are interested please see Clare Fewster or Mr. Zado who have volunteered to be the adult sponsors for the group.

More information about GSAs retrieved from CBE's *Guidelines for Attending to Gender Identity, Gender Expression and Sexual Orientation in our Schools*

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"Gay-Straight Alliances (GSAs) are student clubs made up of gender and sexual minority students as well as allies (cisgender, heterosexual students). There are also teachers who serve as advisors. Students in a school with a GSA know that they have at least one or two adults they can talk to about LGBTQ (Lesbian, Gay, Bisexual, Transgender and Queer/Questioning) matters. The purpose of GSAs is to provide much needed spaces in which LGBTQ students and allies have a safe place to meet and connect. These groups also work together to make their schools more welcoming for sexual and gender minority students. The clubs should be open to all students and foster a sense of belonging and respect for diversity. GSAs may be referred to as other names such as: Rainbow Clubs, Queer Straight Alliances, Human Rights Clubs, or Social Justice Clubs. This is sometimes done to be inclusive of non-LGBTQ membership (though, of course, some of these are not GSAs and might not address homophobia, biphobia, and transphobia), and because "Gay Straight Alliance" may seem problematic in that "gay" does not necessarily refer to lesbians or bisexuals and trans identities are not explicitly encompassed by the expression. However, using the acronym "GSA" to represent any student group 'concerned with LGBTQ matters has become commonplace. Very often it is LGBTQ students themselves who initiate the GSA, although sometimes a teacher will also initiate the club.

## **Upcoming University Information Sessions at NSS:**

<b>UBC</b> November 13, 2108	9:40am – 10:30 am
<b>U of C</b> - November 20, 2018	11:00 am – 2:00 pm
<b>SAIT</b> - November 20, 2018	11:00 am - 2:00 pm
<b>MRU</b> - November 20, 2018	11:00 am - 2:00 pm
<b>U of Vic</b> - November 20, 2018	1:00 pm - 4:00 pm

## **Mount Royal University Open House:**

Mount Royal University is holding an Open House for prospective new students

Saturday, Oct. 27, 2018

9:30 am - 3:30 pm

Roderick Mah Center for Continuous Learning

4825 Mount Royal Gate SW

[mru.ca/OpenHouse](http://mru.ca/OpenHouse)