



National Sport School

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TA Bulletin #15 | December 13, 2016

Important Dates

December 1-16

Door Decorating

December 14

NSS Christmas Dress Up
Day

December 16

Last day of classes before
Winter break

Tues, January 3

Classes Resume

Upcoming Meetings

January 26

AARC first 2017
Community Education
Workshop

February 22

Women in Engineering

Cookie Dough

There is still some cookie dough left to purchase to help support the Mustard Seed.

\$16.00 a bucket- Sugar Cookies, Shortbread and Monster Cookies are left! Please call the office to order!

University of Calgary – Women in Engineering

The University of Calgary is hosting a “Women in Engineering” information day on

Feb. 22, 2017. If you are a female NSS student in grade 10 or 11 and are thinking about a possible career in engineering, this is an incredible opportunity! If you are interested please see Ms. Boughton or Mr. Cumming ASAP as space is limited.

Homemade Hot Chocolate, Ice Coffee and Bath Bombs

Sales will be on December 8 on December 15 at lunch beside the cafeteria in the Markin MacPhail building. Proceeds will go to the Calgary Food bank and towards developing a prototype for a new invention; Bio Roots.

Homemade Hats and Hand Crafted Soy Wax Candles

Homemade hats and hand crafted soy wax candles are available for order every day at lunch. Order forms are available beside the posters in the school. All proceeds will go to the Alzheimer’s Society of Calgary. We are hoping to help people impacted by Alzheimer’s by donating the proceeds. These homemade items will make great gifts for mothers, family and loved ones. Thank you for helping us make this a success!

Science Department

The Science department is looking for empty shoeboxes to make up lab kits. If you have bought any boots or shoes recently and are trying to figure out what to do with those empty boxes, bring them to school and drop them off with Mr. Finlay.

NSS Door Decorating

NSS door decorating will be taking place from Dec 1st-16th. TA’s are asking to decorate their door to celebrate the holiday season. Prizes will be given to the best dressed door!



**MARIJUANA & THE
TEENAGE BRAIN**

SAVE THE DATE

JANUARY 26, 2017 • 7:00 - 9:00PM
ALBERTA ADOLESCENT RECOVERY CENTRE,
ANN MCCAIG BUILDING • 303 FORGE ROAD S.E.
T2H 0S9

RSVP: workshops@aacrc.ab.ca

**KEYNOTE SPEAKER
DR. CHRIS WILKES**

Dr. Wilkes is currently Section Chief of Child & Adolescent Addiction & Mental Health Community & Specialized Services, Calgary Zone, Alberta Health Services. He is also the University of Calgary/Alberta Health Services Division Chief of Child and Adolescent Psychiatry and a member of the Pediatric and Psychiatry faculties. He is an Associate Professor at the University of Calgary and Consulting Psychiatrist at the Young Adult Outpatient Service.

AARC
Community Education
& Prevention

AARC First 2017 Community Education Workshop

Please mark your calendars for the Alberta Adolescent Recovery Centre's (AARC) first 2017 Community Education Workshop - **Marijuana & the Teenage Brain**.

The workshop will be held on **Thursday, January 26, 2017 (7:00 PM - 9:00 PM)**. The keynote speaker is **Dr. Chris Wilkes** (AHS Section Chief of Child & Adolescent Addiction & Mental Health Community) and he will talk about marijuana's impact on the developing adolescent brain. A second presenter will be sharing their story of marijuana addiction, treatment and recovery. Stay tuned for more details.

You can begin registering at workshops@aacrc.ab.ca

For more information please contact Dr. Jackie Smith (RN, PhD), Director of Community Education and Research. 403 705-0218. jsmith@aacrc.ab.ca

Pictures for the Yearbook

We are looking for action pictures of our student-athletes. Please email good quality pictures to Clare Fewster – chfewster@cbe.ab.ca or Ken Weipert – klweipert@cbe.ab.ca



NSS Bandu's (Buffs) for Sale

NSS will be selling BANDUs with the NSS logo. They are \$12.00 each. Please see Mr. Jewan if you would like to purchase one.



NSS Nalgene Water Bottles for Sale

NSS will be selling Nalgene water bottles for \$20.00. If you would like to purchase one, please see Mr. Weipert or Mr. Jewan.



NSS Toques for Sale

NSS has toques for sale for \$15.00. If you would like to purchase one, please see Mr. Weipert.

Accomplishments 2016-17

Name	Sport	Competition	Accomplishment
Jessica-Lee Behiel & Jackson Behiel	Figure Skating	Skate Canada Challenge, Montreal, Quebec	5 th Place – Novice Dance
Jackson Behiel	Figure Skating	Skate Canada Challenge, Montreal, Quebec	11 th Place – Pre-Novice Men
Yu Jin Armstrong	Figure Skating	Skate Canada Challenge, Montreal, Quebec	7 th Place – Novice Men
Janine Rho & Partner	Figure Skating	Skate Canada Challenge, Montreal, Quebec	2 nd Place – Pattern Dance 7 th Place – Novice Dance-Overall
Alesio Carello & Partner	Figure Skating	Skate Canada Challenge, Montreal, Quebec	10 th Place – Pre-Novice Dance
Emily Mikulcik & Malcolm Kowan	Figure Skating	Skate Canada Challenge, Montreal, Quebec	10 th Place – Novice Dance
Jacob Portz & Partner	Figure Skating	Skate Canada Challenge, Montreal, Quebec	4 th Place – Pre-Novice Dance
Takara Dei & Partner	Figure Skating	Skate Canada Challenge, Montreal, Quebec	4 th Place – Novice Pairs
Cory Rogans	Biathlon	Calforex Cup	Silver- 7.5km Individual (80% accuracy)

Please submit your accomplishments to tjbrodbin@cbe.ab.ca / dsahfat@cbe.ab.ca or to your Teacher Advisor.