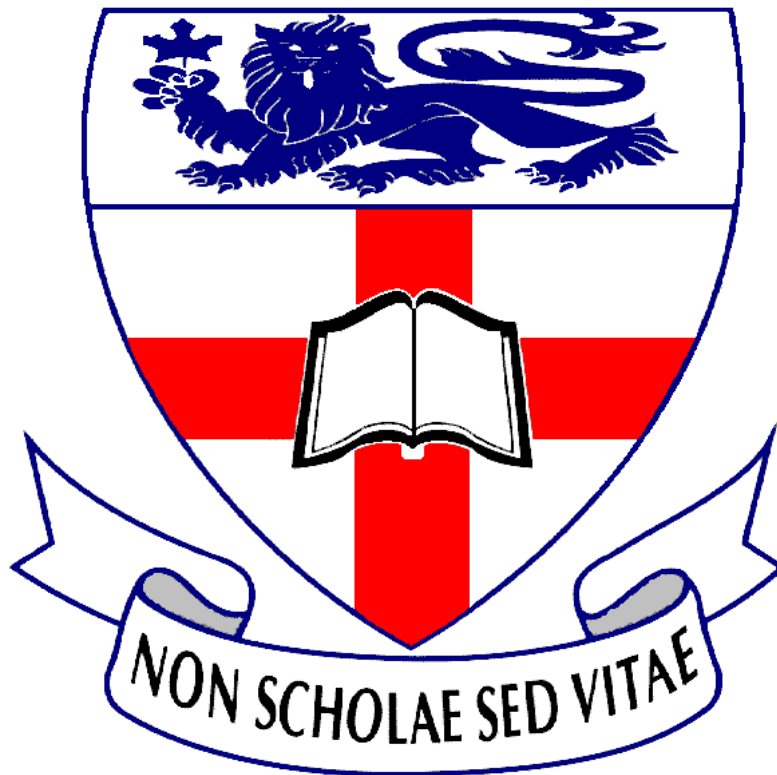


# SIR WINSTON CHURCHILL HIGH SCHOOL

(School website: [www.swchs.ca](http://www.swchs.ca))



**GRADE 10  
INFORMATION  
2018 - 2019**

## Transitioning to High School

High school can be a great shock to many people. Differences such as 80 minute classes can be overwhelming. The curriculum moves much faster and the material must be learned in five instead of ten months. The classes you begin in September will be half over on October 31st. One of the most obvious differences is that teachers give you more autonomy and you need to be responsible for your own work!

The cafeteria is huge and busy; there are larger classes; final exams are written in the gym, not in classrooms, and an important skill for new students, is learning how to negotiate the crowded, narrow hallways.

High school does have a lot of benefits. There are dozens of different clubs. There are over two thousand chances to make a new friend and even a grade 12 student, who has been at Churchill for three years, can still see at least 25 new faces everyday. Getting involved with a club or team is a wonderful way to feel part of your new community early in the school year. There are a lot of opportunities to meet new people.

This is a handout to give you an introduction to all of the different supports available here at Churchill, as well as other information that is important to you at the beginning of your high school career.

### ADMINISTRATIVE STAFF

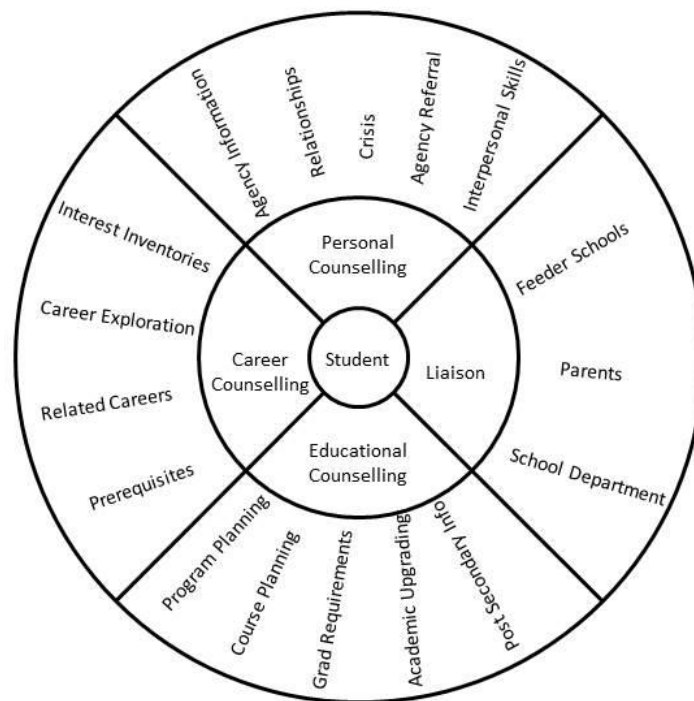
You may need to contact either the Principal or your Assistant Principal. SWC's Principal, Mr. Rajan, can be found in the main office as well as around the school. There are three Assistant Principals available to support you as well:

Mr. McDonald	for last names	A - H
Mrs. McKelvie	for last names	I - O
Mrs. Cave	for last names	P - Z

## STUDENT SERVICES

Student Services is staffed with four full-time Guidance Counsellors, one part-time Guidance Counsellor and a full-time Student Services Secretary. Guidance Counsellors are available to provide personal, educational and career counseling.

Our Work Experience teacher, Mrs. Behrens, also works with scholarships. She will provide information on scholarships, grants, bursaries and student loans. She is located in the library.



### MAKING APPOINTMENTS

To make an appointment, go to the Student Services Office located behind the main office. Let Mrs. Austin know that you would like to make an appointment, and she will book you one with your Guidance Counsellor in the period that works best with your schedule. Fill out the green Student Services appointment slip which will enable you to be excused from the class during the time of your appointment. You must get permission from the class teacher to leave. Please check in with the secretary when you enter the Student Services Office. Please book appointments before school, at lunch, or after school (not during class).

## WHICH COUNSELLOR SHOULD YOU SEE?

Students should make appointments according to the following. Last name beginning with:

<b>Mr. Oakes</b>	<b>A – F</b>
<b>Ms. Murray/Mrs. Chan</b>	<b>G - L</b>
<b>Mrs. Alladin</b>	<b>M - R</b>
<b>Mr. Fullerton</b>	<b>S - Z</b>

### RESOURCE OFFICER

**Constable Friesen**, a member of the Calgary Police Service, is assigned to Churchill. He will assist students in a variety of ways, including legal advice, classroom presentations on numerous topics and one-to-one consultation with students. Constable Courchesney's main role is to assist students and improve police and school communications. His office is located in the zebra hallway.

### SCHOOL NURSE

Mrs. **Linda Garden** is the school nurse and is frequently at Sir Winston Churchill throughout the school year. She is available to answer any health related questions or concerns you may have. If you want to be in touch with her, let your Guidance Counsellor know, and they will assist you.

### THE LEARNING CENTRE

**The Learning Centre** is located in Room 101. This centre is staffed with Resource Teachers and Educational Assistants. This area is open all day, including before and after school and at lunch. The Learning Centre hours are from 7:30 AM to 3:45 PM. If you need some extra help, please feel free to drop in. **If you have an IPP we encourage students to stop by and meet the team in the learning centre if you haven't already.**

### SCHOOL PSYCHOLOGIST

We are very fortunate to have access to a school psychologist here at Churchill. **Andrea Laughlin** has been assigned to this position. The first step is for you to connect with your guidance counsellor. Referrals to the psychologist are then made through your guidance counsellor, and prioritized based on school needs.

### GRADUATION COACH

Our graduation coach will provide assistance to students through academic support and mentorship. Mrs. Chan works with our First Nations, Metis and Inuit students in the Chartwell room that is located in the library. This room will be a place for students to work quietly to complete credits that are needed for high school graduation. Support is provided for all subjects while credit recovery is also an option based on approval from your Guidance Counsellor and teacher.

## TUTORIALS

- 8:15 AM – 8:50 AM (Monday – Thursday)
- So important to get in the habit of attending tutorials early on
- Great opportunity to connect with your teacher to check understanding or look for clarification on homework or assignments.

## MENTORSHIP PROGRAM

To help ease the transition to SWC we developed the grade 10 mentoring program, we made every effort to match each incoming grade 10 students with a mentor who can provide information about the school and who can provide support when needed. If you have not been matched to a mentor, please see Mrs. Austin in Student Services and she will make arrangements to connect you with a mentor.

<b>ALBERTA HIGH SCHOOL DIPLOMA: GRADUATION REQUIREMENTS</b>
The requirements indicated in this chart are the minimum requirements for a student to attain an Alberta High School Diploma. The requirements for entry into post-secondary institutions and workplaces may require additional and/or specific courses.
100 CREDITS including the following:
ENGLISH LANGUAGE ARTS – 30 LEVEL (English Language Arts 30-1 or 30-2)
SOCIAL STUDIES – 30 LEVEL (Social Studies 30-1 or 30-2)
MATHEMATICS – 20 LEVEL (Mathematics 20-1, Mathematics 20-2 or Mathematics 20-3)
SCIENCE – 20 LEVEL (Science 20, Science 24, Biology 20, Chemistry 20 or Physics 20)
PHYSICAL EDUCATION 10 (3 CREDITS)
CAREER AND LIFE MANAGEMENT (3 CREDITS)
10 CREDITS IN ANY COMBINATION FROM:
<ul style="list-style-type: none"> <li>• Career and Technology Studies (CTS) courses</li> <li>• Fine Arts courses</li> <li>• Second Languages courses</li> <li>• Physical Education 20 and/or 30</li> <li>• Knowledge and Employability courses</li> <li>• Registered Apprenticeship Program courses</li> <li>• Locally developed/acquired and authorized courses in CTS, fine arts, second languages or Knowledge and Employability occupational courses</li> </ul>
10 CREDITS IN ANY 30-LEVEL COURSE (IN ADDITION TO A 30-LEVEL ENGLISH LANGUAGE ARTS AND A 30-LEVEL SOCIAL STUDIES COURSE AS SPECIFIED ABOVE)
<p>These courses may include:</p> <ul style="list-style-type: none"> <li>• 30-level locally developed/acquired and authorized courses</li> <li>• Advanced level (3000 series) in Career and Technology Studies courses</li> <li>• 30-level Work Experience courses</li> </ul>

- 30-level Knowledge and Employability courses
- 30-level Registered Apprenticeship Program courses
- 30-level Green Certificate Specialization courses
- Special Projects 30

These are the minimum requirements for a high school diploma. You must see your Guidance Counselor to determine what additional requirements are necessary for your educational plans after high school.

### **Rules Governing the Awarding of Credits**

1. A minimum mark of 50% is required to receive credits in a course.
2. A mark of at least 50% is required to move to the next level of the course (i.e., from Math 10 to Math 20).
3. You can receive credits in a course only once.

## myblueprint

As mentioned in the grade meeting, myblueprint is a fantastic resource to support you in your post-secondary research. You can access myblueprint from your cell phones and tablets as well.

### **Key Features:**

**Career Spectrum:** A comprehensive bundle of 6 different assessments designed to support students in the process of self-discovery and exploration. (learning styles, personality type, interest, knowledge, motivations and compatibility)

**Goal Setting:** allows students to create S.M.A.R.T. goals and track their progress towards achieving their goals.

**Resume & Cover Letter:** a simple, easy-to-use resume builder for students. Great for any students who are creating resumes for the first time. Allows students to add as much experience as they want and later pick and choose what they want to include in the exported resume.

**High School Planner:** The High School Planner is where students can plan courses and track progress toward graduation. Students can also see their eligibility for Post-Secondary education across all four Pathways in Canada – University, College, Workplace, and Apprenticeship.

**Post-Secondary Planner:** Allows students to research all of the post-secondary programs available to them across Canada. They can filter to their preferred pathway, and use filters to narrow down programs of interest.

- Once you complete your high school planner (enter in the classes you have completed and are taking this year), you can then check with programs you are eligible to apply for (pathway eligibility).
- You can search under post-secondary or occupation.
- Myblueprint allows you to compare programs at different post-secondary's side by side.
- Prizes! Through being active in your myblueprint account you can earn prizes. (Your activity allows you to enter draws)
  - Starbucks, google play, best buy, Tim Hortons, Cineplex and more.
- **If you have not created an account for myblueprint or mypass, please see Mrs. Chan in the library.**

## COMPUTER ACCOUNT

- Mr. Nestor is our technology support. If there are any issues, please see him in Room 102.

## SCHOLARSHIPS

Scholarships are given to students to recognize and celebrate outstanding achievement in a high school program of studies and a student's contribution to the school/ and or community. Some scholarships also consider financial need. Scholarships are awarded to assist students in their pursuit of a post-secondary education.

Grade 10 is the beginning of developing your academic and extra-curricular activity profile. Many scholarships are now awarded based upon achievements during your Grade 10 and Grade 11 year only. Be sure to keep an accurate record of all your extra-curricular involvement during your high school years. Record dates, length of time, nature of involvement and contact person.

-Check D2L Scholarship shell to see scholarships and their details.

Check the web sites: [www.scholarshipscanada.com](http://www.scholarshipscanada.com)  
<http://studentaid.alberta.ca/>  
<https://yconic.com/>  
[www.educationmatters.ca](http://www.educationmatters.ca)

### Scholarship Tips - GRADE 10

- Get involved with your school and community
- Start looking at post-secondary programs
- Start researching scholarships and set realistic goals
- Volunteer
- Keep a resume including your employment and your volunteer placements
- Keep track of the volunteer hours you accumulate during each of your high school years

### **Alexander Rutherford Scholarship**

In Grade 10 and Grade 11: the basis for selection is an **average** of 75% or higher in 5 specific subjects.

Details re: average calculation at: <http://studentaid.alberta.ca/>

Students are awarded the monies for each of the years in which they qualify. **Applications are made after Grade 12 for all three years – applications are online usually available in July**

### **M. Cecil Brownlee Bursary - Grade 10 students only**

The basis for selection: financial need, academic average, citizenship

Value: \$100-\$300

Applications will be available in the spring

### **Activity Profile**

Begin your scholarship application process immediately, by compiling an **ACTIVITY PROFILE** that summarizes your extra-curricular involvement through your high school years. Include information about the activity and the time commitment.

The following formats may be used as a guide:

#### **Grade 10**

##### **One-time Activity**

i.e., attendance at conference(s), Model Parliament, volunteer at Blood Donor Clinic, etc.

##### **Short-term Activity**

Indicate time commitment in hours/weeks and weeks/year (i.e., 1/wk for 4/wks.) (i.e., Grad Committee, Tennis Club, Camp Counsellor, etc.)

##### **Long-term Activity**

Indicate time commitment in hrs./wks., and wks. /yrs. (i.e., Yearbook Editor, Peer Support Team, Football Team, etc.)

**OR**

#### **Grade 10 Activities**

Volleyball Team  
Model Parliament  
Future Conference

#### **TIME COMMITMENT**

<b>Hrs./Month</b>	<b>Month/Year</b>
48 hrs.	2 months
6 hrs.	1 month
6 hrs.	1 day