



THE CHURCHILL TRIBUNE

Life of a Psychologist

PRESENTS:

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*Special thanks to our teacher sponsor, Mr. Olbricht

Editing Committee

“FOR STUDENTS, BY STUDENTS.”

We started as a group of average students who couldn't answer a simple question—what do you want to be when you grow up?

Our solution: a newsletter that can be found on our school's website, incorporating everything we wanted to know about a career.

We hope our newsletter becomes a useful tool for you while in Churchill, helping you achieve your career goals and become what you've always wished to be!

Thanks so much,

- The Tribune Editing Committee [Katherine L., Linshia L.]

WANTED

- Indisputable interest in helping people
- Emotionally mature and stable
- Excellent communication skills
- Flexible working hours
- Willingness to learn new things
- Able to be non-judgemental when face with controversies
- Able to empathize and sympathize with others

Fisayo A.



Ingredients for Psychologists

1. A high school diploma with a competitive grade in English 30-1 and four other 30 level courses
2. A bachelors degree in psychology from a credited university (allows one to be qualified in order to assist a practicing psychologist)
3. A masters degree in Arts in Human Sciences, Science of Psychology or Social Work
4. A doctoral degree
5. At least a year of internship before one can take the exam to become a fully licensed psychologist

PROBLEM?



Yuchen Y.



WANT PSYCHOLOGIST EXPERIENCE?

Apply to **Peer Support Volunteer Distress Centre.**

* **Must be able to work 3 shifts per month and attend 6-8 team meetings**

Tasks include:

- Answering the crisis line
- Providing peer support, information, and referral to youth and families who are in crisis
- Can also be apart of 'ConnectTeen' which requires response to online support chats

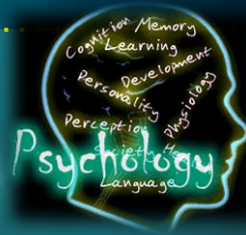
Must be 16-18 years of age
Contact Ashika for an interview
403.266.1601 or
ashikas@distresscentre.ab.ca



Elizabeth Tang



Q & A with: Dr. Luo, Psychologist



Q: What are your main responsibilities at work?

A: I provide professional, culturally-sensitive counselling for immigrant women and their families who are experiencing transition challenges, relationship problems, abuse and trauma.

Q: What is your typical day like?

A: I see about three to five patients per day. Between patients, I do psychological research on new disorders and current issues. I sometimes do workshops and support groups.

Q: What do you enjoy the most about your job?

A: I love helping others

Q: How much free time do you have (ie: family time, vacations, etc?)

A: I can basically set my own hours. One big advantage of becoming a psychologist is that you can have a rewarding career and plenty of time to spend with your friends and family.

Q: What advice do you offer for people who are interested in becoming a psychologist?

A: If you enjoy working for yourself and have an entrepreneurial spirit, becoming a psychologist can be an excellent career choice. Establishing your own private therapy practice gives you the opportunity to have full control over your career. Whether you work exclusively with children, adults, married couples or families, you will have the opportunity to meet and help people from all walks of life.

Liz & Teja's Advice Column

Have a desperate question that must be answered? Ask away on our blog, <http://tribuneadvice.blogspot.com/>

ASK US ANYTHING!



Teja B. & Elizabeth T.



Where do you want to end up?

U of T top choice in psychology field

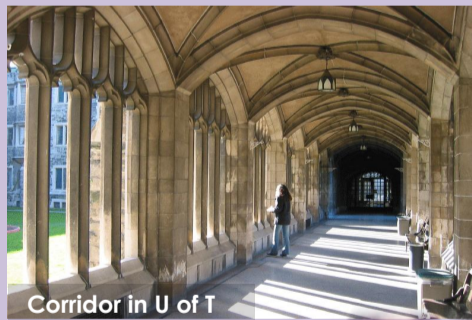
As one of the world's leading schools in the psychology field, the University of Toronto is currently Canada's largest university.

Its psychology faculty offers a multitude of challenging courses such as the psychology research specialist science program, designed for students who have demonstrated exceptional aptitude and interest in research.

In addition, the U of T presently is in possession of the largest library in Canada, proven to be one of the best resources in the world.

The U of T is endowed with a board of highly prestigious professors and has birthed countless successful psychologists.

U of T's psychology department has for over a century been a top choice for those interested in a career in psychology.



Corridor in U of T

Kathie L. & Celina Y.



CHILDCARE FOR HOMELESS KIDS INN FROM THE COLD SOCIETY



Elizabeth Tang

- Needs volunteers primarily for day time hours
- Must be comfortable nurturing unfamiliar children
- Should be enthusiastic and good with children of all ages
- Must be 18 years or older.

Contact Devon Laughlin
Office: 403.263.8384 - Cell: 403.473.2248 - devon@innfromthecold.org
Suite 106 110 11 Ave. SE
Calgary AB, T2G 0X5

“FOR THE SCHOOL, BY THE SCHOOL.”

Please send us any feedback, or if you have any suggestions for topics for following issues, don't hesitate to contact us at [swc_newsletter@yahoo.com!](mailto:swc_newsletter@yahoo.com)

If you would like to become a part of our team, please contact the above email as well.

Thanks!

-The Tribune Editing Committee